

Ivone Su

Medical Student

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PROFILE

As an ambitious and versatile medical student at the University of Wollongong, I bring a unique blend of healthcare expertise and robust interpersonal skills to every endeavor. With a solid background in physiotherapy, complemented by roles in disability support and medical training, I excel in environments that challenge my problem-solving abilities and demand high levels of communication. My experiences have equipped me with a deep understanding of patient care, team collaboration, and project management. Passionate about continuous learning and community involvement, I am committed to leveraging my skills in both clinical and extracurricular settings to make a positive impact.

EMPLOYMENT HISTORY

Disability Support Worker

Sept 2025 — Present

Support Services Best 4 U · Wollongong

- Provided compassionate support to individuals with disabilities, fostering independence and enhancing quality of life.
- Maintained accurate documentation of patient progress and interventions to ensure compliance with care standards.
- Assisted clients with day-to-day activities, such as meal preparation, shopping, and personal care.

Physiotherapist

Mar 2023 — Jul 2023

Health Space · Rozelle

- Helped patients restore and maintain optimal physical function via up-to-date evidence based practice.
- Collaborated with other clinicians to enhance and facilitate patient recovery.
- Worked to promote the clinic and self via social media platforms and community outreach.

Physiotherapist / Trainer

Apr 2020 — Oct 2023

March On Australia · Sydney

- Worked closely with spinal cord injury patients to deliver tailored rehabilitation programs.
- Gathered and organized team ideas; guided the team to set realistic goals and increase treatment effectiveness.
- Delivered manual therapy treatment including soft tissue release and joint mobilization.

Allied Health Assistant

Jun 2022 — Jan 2023

Montefiore Residential Aged Care Facility · Hunters Hill

- Developed and implemented an Upper Limb project to help Physiotherapists and Occupational Therapists streamline care for residents with upper limb impairments.
- Ran exercise classes for residents in the gym environment independently.
- Delivered 1-on-1 treatment to residents as indicated by the Physiotherapist.

Vaccination Worker

Aug 2021 — Nov 2021

NSW Health (WSLHD) · Lidcombe

- Assisted with the distribution and administration of the COVID-19 vaccine.
- Provided advice and education about the Pfizer Comirnaty Vaccine.

Swimming Instructor

Mar 2020 — May 2022

ABC Little Fish Swimming School · Sydney

- Adhered to safety guidelines and maintained a safe and happy swimming environment at all times.
- Delivered and designed swimming class plans for children ages 3–12.
- Communicated closely with parents to reassure them of their child's safety and progress.

Tutor

Jan 2018 — Dec 2018

UQ Foundation Program · Brisbane

- Tutored international students in English and IELTS preparation to support them through the foundation program.
- Helped students build the language proficiency needed to meet university English entry requirements.

EDUCATION

Doctor of Medicine

Jan 2024 — Present

University of Wollongong · Wollongong

- Dissection Program — Volunteer.
- Surgical Society University of Wollongong (SSOWU) — Technology & Marketing Representative: created advertising material, led outreach to sponsors and surgeons, and ran the society's social media platform.
- Cardiology Society of UOW — Member.

Graduate Certificate of Digital Health and Data Science

Feb 2023 — Jul 2023

University of Sydney · Sydney

Bachelor of Applied Sciences (Physiotherapy)

Feb 2019 — Mar 2023

University of Sydney · Sydney

SKILLS & LANGUAGES

Skills: Manual Therapy · Patient Care · Team Collaboration · Project Management · Communication · Community Outreach & Social Media

Languages: English (Native) · Mandarin (Native) · Spanish (Good working knowledge) · Portuguese (Good working knowledge)

EXTRACURRICULARS

Podcast Committee Member

Jan 2026 — Present

Australasian Students' Surgical Association (ASSA)

- Record and edit episodes of *The Operating List*, ASSA's podcast of candid conversations with surgeons — including *Life of a Reg*, *Women in Surgery*, and *The Weight of the Knife*.
- Develop new podcast series ideas to help students and junior doctors understand what a career in surgery involves and what to expect. Listen at open.spotify.com/show/2lzLXyObXsQkaWoot4V1Rc.

Vice President

Apr 2025 — Aug 2026

Surgical Society of Wollongong University · Wollongong

- Drove fundraising efforts that grew the society's funds from \$0 to over \$2,000 within a year, strengthening its financial footing for future events.
- Organised and coordinated hands-on surgical workshops, ensuring smooth logistics, equipment preparation, and student engagement.
- Established and maintained professional relationships with surgeons and invited speakers across multiple specialties.
- Produced the society's monthly surgical newsletter, including content planning, editing, and communications.
- Assisted in planning and delivering seminars and career events featuring practising surgeons.
- Led student engagement initiatives, promoting events and managing clear, timely communication channels.

Australasian Student Surgical Conference

2024 — 2026

Attended annually

- 2026 — Melbourne; 2025 — Sydney; 2024 — Christchurch.

Canoe Polo National Team Member

Jan 2017 — Sept 2017

Taiwan (R.O.C.)

- Represented Taiwan at the Canoe Polo Asian Cup 2017.
- Achieved First Place in the Women's U21 Canoe Polo Asian Cup 2017.

Captain, Canoe Polo Team

Dec 2013 — May 2017

Kang Chiao International School · Taiwan

- Captained the school canoe polo team across four seasons, competing in national and international championships throughout high school.
- Led training and race-day strategy for the squad, helping build the results record that ultimately earned selection to Taiwan's national team.

Outdoor & Endurance Activities

2011 — 2014

Kang Chiao International School · Taiwan

- Cycled around the full perimeter of Taiwan (2014).
- Completed the Central Cross-Island Highway Trek (2013).
- Took part in the International Massive Swimming crossing of Sun Moon Lake (2013).
- Summited Chiameing Lake (2012) and Mount Syue (2011).

ACHIEVEMENTS & AWARDS

First Place — Women's U21 Canoe Polo Asian Cup — <i>Taiwan (R.O.C.) national team</i>	2017
2nd Place — Taipei International Dragon Boat Championship — <i>Kang Chiao International School</i>	2017
3rd Place — Taipei International Dragon Boat Championship — <i>Kang Chiao International School</i>	2016
1st Place — Kuala Lumpur Canoe Invitation Championship — <i>Kang Chiao International School</i>	2016
1st Place — Kuala Lumpur Canoe Invitation Championship — <i>Kang Chiao International School</i>	2015
1st Place — Taiwan National Canoe Polo Championship — <i>Kang Chiao International School</i>	2015
2nd Place — Taiwan National Canoe Polo Championship — <i>Kang Chiao International School</i>	2014
2nd Place — Taiwan National Canoe Polo Championship — <i>Kang Chiao International School</i>	2013

COURSES & CERTIFICATES

First Aid — <i>CBD College</i>	Jul 2025 — Jul 2028
CPR — <i>CBD College</i>	Jul 2025 — Jul 2026
Standard Mental Health First Aid for Health Professional Students — <i>Mental Health First Aid Australia</i>	May 2024
Cultural Awareness — <i>Australian Indigenous Doctors' Association</i>	Mar 2024
NDIS Worker Orientation — <i>NDIS Quality and Safeguards Commission</i>	Sept 2021
COVID-19 Vaccination Training Program — <i>Australian Government Department of Health</i>	Aug 2021